



CAMO
Water Polo

January 2026

Tournament Technical Bulletin

Omnium 2026

Pool
**Complexe Sportif Claude
Robillard**

Date
January 23rd - 25th 2026

Event Overview

Event Name:

CAMO Omnium

Host Organization:

CAMO Water Polo Club

Tournament Director:

Colin McDonald

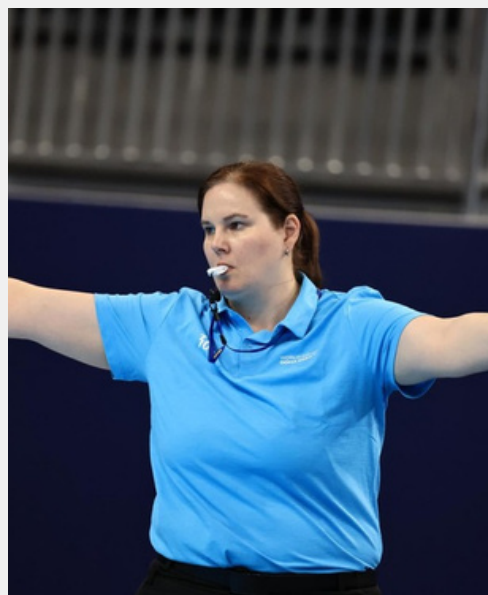
dg@camowaterpolo.com

+1 (438) 869-8446

Head Referee:

Hélène Painchaud

World Aquatics
Referee





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Schedule & Format

Competition Format

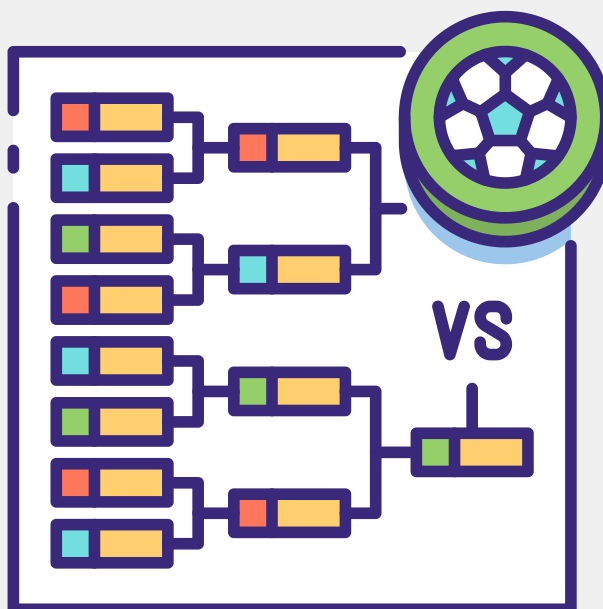
Round-robin + playoffs minimum 5 games per team

Game Schedule

Forthcoming

Warm-up / Pool Access

10 mins warm up in the game pool before each game

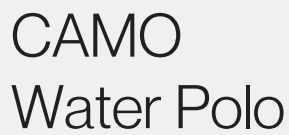


Registration fees

U14: \$650 CAD

U16: \$750 CAD

Technical Meeting: TBD



The Pool

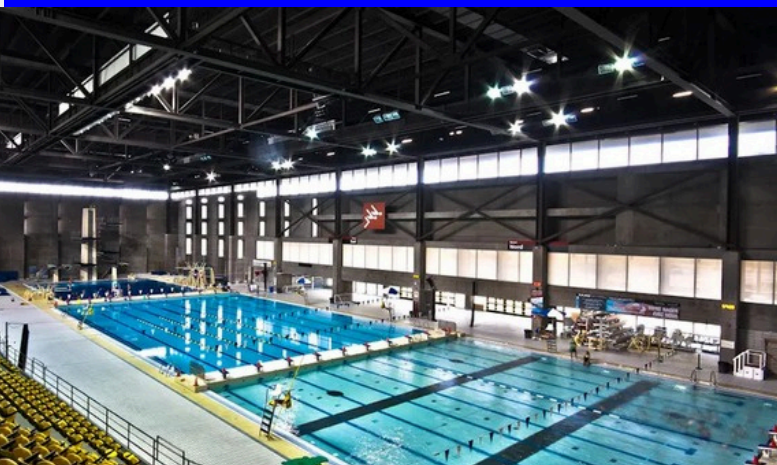
**Built for the
Olympic
Games in
Montreal**

25m pools

**Minute walk
from the
Crémazie
metro station**

**Parking lots
available
(paid)**

The complex is easily reachable by public transport. The 146 East bus leaves from the Crémazie metro station every 30 minutes and stops right in front of the facility. The Crémaize metro station is also 10 minutes from the pool on foot.





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Airport (YUL)

\$11.25

Tickets for the 747 Bus that connects to the metro line. Departs every 15 minutes. Pass gives you a 24-hour pass for the bus and metro

9

Rental car agencies available on site including Alamo, Avis, Budget, Enterprise, Europcar, Hertz and National

\$49.45

Fixed taxi fare to downtown. Uber is also available (rates are variable)



An international hub, YUL offers direct non-stop flights from over 150 airports worldwide



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Photographers

Have someone in your club that loves to take photos? Don't be shy! Contact Colin to ask for photographer accreditation and have them come down on the pool deck to get better photos of all the action!





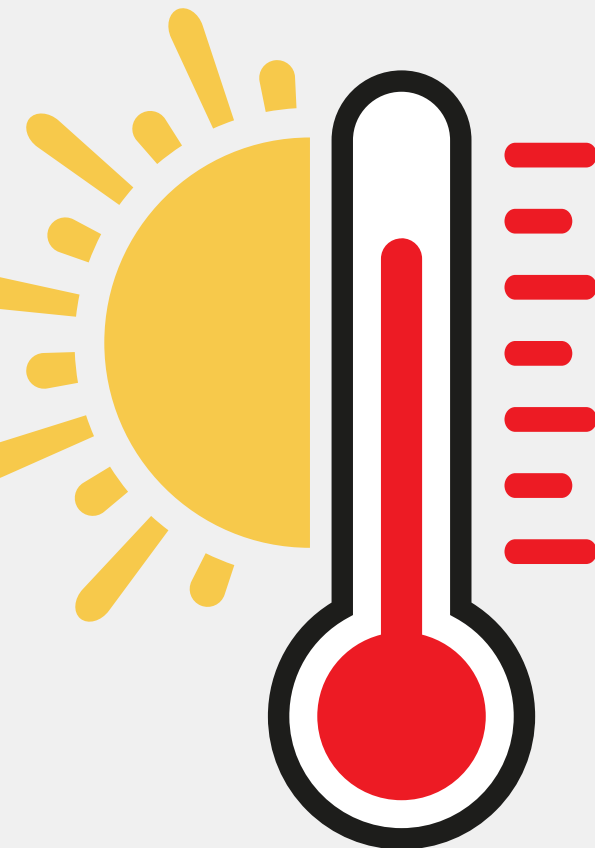
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Weather

One of Canada's most vibrant cities, Montreal doesn't slow down in any weather!

Bring your winter coats and boots to enjoy everything our city has to offer outside of the pool.



-4°C
24°F

Average High
in January

-11°C
12°F

Average Low
in January

35cm
13"

Average Snow
in January



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Communication

Communication with club organizers and managers out of the water is just as important as player communication in the water! Here is how we will be communicating with you before, during, and after the tournament.



Pre-Event

Communications

Sent via email to team contacts

On-Site Updates

Email & WhatsApp group

Results & Standings

Posted in tournament schedule document that will be shared with all participants



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Technical Rules

AQUA rules will be applied with certain restrictions due to technological limitations and age category changes. A 10 goal differential will result in running time. If the differential should close to less than 10 goals, regular time will be implemented again.



01

Game Duration

U14: 4 x 7 mins

U16: 4 x 8 mins

02

Ball Size

U14 & U16 girls: Size 4

U16 Boys: Size 5

03

Overtime / Tie-break Procedure

Round robin games can end in tie, playoff games will go directly to shoot out

04

Protest & Discipline Procedures

Formal protests must be submitted to the Head referee



Technical Rules

05

Roster Limits & Substitution

15 players per roster. Teams are not required to have a second goaltender. Any goaltender is required to wear a red cap with the number 1, 13, 14, or 15. Any athlete on a team's signed game roster can be cap switched into a goalie cap (1, 13, 14, 15) during the game in case of injury, as the referee or delegate allows, and otherwise only at halftime. However, regular goaltender substitutions may only be between goaltenders wearing red caps.

**Players and coaches are welcome to play/coach in multiple age categories however in the event of a scheduling conflict, teams must ensure that they have enough players/coaches on each team to participate in both games. **





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Requirements for International Clubs

- Certificate of insurance from the club's national federation naming Water Polo Canada as additional insured
- Letter of good standing from the foreign federation listing all participants
- Proof of travel medical insurance
- Roster with photos for all players and coaches

Please contact Corey Conroy at:
nclogistics@waterpolo.ca for any questions
regarding international documentation





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Hôtel Faubourg

ROOM TYPE	NIGHTLY RATE	ROOMS AVAILABLE
TWO QUEEN STUDIO	\$129 + taxes	20
ONE QUEEN + PULLOUT COUCH SUITE	\$129 + taxes	20
RATES ARE FOR SINGLE OR DOUBLE OCCUPANCY, \$20 PER ADDITIONAL PERSON APPLIES.		
ALL ROOMS HAVE BREAKFAST INCLUDED		
PLEASE NOTE ROOMS MUST BE RESERVED +30 DAYS BEFORE THE EVENT OR THEY WILL BE RELEASED TO THE PUBLIC		



To reserve your rooms, email

Ludmilla Teillet at

ludmilla.teillet@hotelstlaurent.com

Or call the hotel at +1 (514) 448-7110 and ask for the hotel block reserved under CAMO Water Polo

The hotel is conveniently located within walking distance from Champ de Mars on the Orange Line, only 9 stops from the Crémazie metro station



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Thank you!

www.camowaterpolo.com